

# More Moments.

There's nothing more precious than the time it takes to make a memory with someone you love. We're here to help you maximize those moments, by guiding you through the challenges that can come with senior health.

## Stand-out professionals

AgeWell Options is staffed by top clinical professionals lead by Gayle Rosen, a leader in the care of older adults, who trained with a Harvard-affiliated gerontological program. After three decades in positions across the senior care continuum, Gayle's here to work with your family.

## We champion seniors

Your loved one deserves the right to guide his or her own care—even when life starts to feel “managed” by others. We bring senior voices to life so they can be heard by healthcare professionals and caregivers.



**Remarkable Care.  
Designed By You.**

At AgeWell Options, we're big-picture healthcare thinkers who can also manage logistical details. Compassionate companions with an impartial voice to ease the pressure of shifting family dynamics.



## Your AgeWell Options partners can:

- Become an advisor you can trust to guide you as you care for your senior
- Evaluate each client's needs with a comprehensive assessment, then build a specific plan to help now and in the future
- Help you distinguish symptoms of concern from typical signs of aging
- Coordinate and accompany clients to medical appointments, then update you with detailed notes
- Become the communication hub for your senior, care providers and family
- Carry out consistent home visits, calls and check ins with your loved one
- Guide your loved one in defining a daily routine that includes plenty of joy-filled, meaningful moments
- Connect your loved one with a network of trustworthy senior care providers
- Help to decrease medication errors and hospitalizations through AgeWell Options Medication Management Service
- Create a Personalized Handbook (hard copy and digital) to centralize calendars, providers' information, contacts, medication lists, caregiver tools and more
- Make sure all preferences, advanced directives and your senior's "voice" are articulated, always considered and carried out according to his or her wishes



**I'd love to meet you!**

**Gayle Rosen MBA, CMC  
Founder, AgeWell Options**

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References available upon request

### Certifications

